

Garbarino Food Forest

Hernando county, Florida

Perennials and self-seeding annuals:

Zone 9A

May 2012

<u>quantity</u>	<u>common name</u>	<u>also known as</u>	<u>scientific name</u>	<u>variety</u>	<u>primary functions</u>	<u>other functions</u>
TALL TREES						
1	pecan		<i>Carya illinoensis</i>	Gloria Grande	nut production	shade, mulch
1	pecan		<i>Carya illinoensis</i>	Desirable	nut production	shade, mulch
	chestnut		<i>Castanea dentata</i>	Dunstan	nut production	shade, mulch
1	long leaf pine	native	<i>Pinus palustris</i>		shade, mulch	
1	southern magnolia	native	<i>Magnolia grandiflora</i>		shade, fragrant flowers	
LOW TREES						
4	mulberry, red		<i>Morus rubra</i>	Cedar Key	fruit production	mulch, shade
1	apple		<i>Malus domestica</i>	Anna	fruit production	mulch, shade
1	apple		<i>Malus domestica</i>	Golden Dorsett	fruit production	mulch, shade
1	Japanese persimmon	non-astringent	<i>Diospyros kaki</i>	Fuyu	fruit production	mulch, shade
1	orange		<i>Citrus sinensis</i>	Valencia	fruit production	shade
1	mandarin	tangerine	<i>Citrus reticulata</i>	Ponkan	fruit production	shade
2	avocado		<i>Persea americana</i>	Mexican	fruit production	shade
2	fig		<i>Ficus carica</i>	Brown Turkey	fruit production	shade, mulch
1	fig		<i>Ficus carica</i>	Celeste	fruit production	shade, mulch
1	fig		<i>Ficus carica</i>	Green Ischia	fruit production	shade, mulch
2	pineapple guava	feijoa	<i>Feijoa sellowiana</i>	unknown	fruit production	shade, mulch
	kumquat		<i>Fortunella</i>	Meiwa	fruit production	shade
2	loquat		<i>Eriobotrya japonica</i>		fruit production	shade
	pawpaw		<i>Asimina triloba</i>		fruit production	shade
1	peach		<i>Prunus persica</i>	unknown	fruit production	shade, mulch
	jujube		<i>Ziziphus</i>		fruit production	shade, mulch
6	turkey oak	native	<i>Quercus laevis</i>		shade, mulch	wildlife food (acorns)
1	sand post oak	native	<i>Quercus margaretta</i>		shade, mulch	wildlife food (acorns)
4	sand live oak	native	<i>Quercus geminata</i>		shade	wildlife food (acorns)
6	unknown small tree	native			unknown fruit	
SHRUBS						
5	blackberry	thornless	<i>Rubus</i>	Natchez	berry production	soil stabilization
1	blueberry	Southern highbush	<i>Vaccinium</i>	Emerald	berry production	soil stabilization
1	blueberry	Southern highbush	<i>Vaccinium</i>	Sharp blue	berry production	soil stabilization
1	blueberry	Southern highbush	<i>Vaccinium</i>	unknown	berry production	soil stabilization
2	blueberry	Southern highbush	<i>Vaccinium</i>	Gulf Coast	berry production	soil stabilization

2	blueberry	Southern highbush	<i>Vaccinium</i>	Misty	berry production	soil stabilization
2	prickly pear	Nopales	<i>Opuntia ficus-indica</i>		fruit production	edible pads
1	rosemary		<i>Rosmarinus officinalis</i>		edible leaves	
1	pomegranate		<i>Punica granatum</i>	Wonderful	fruit production	
2	saw palmetto	native	<i>Serenoa repens</i>		edible berries & heart	wildlife cover
36	dwarf huckleberry	native	<i>Gaylussacia dumosa</i>		edible berry	wildlife food
7	yucca	native	<i>Yucca</i>			
12	pigeon pea	perennial legume	<i>Cajanus cajan</i>		edible beans	nitrogen fixer, nurse plant
	elderberry		<i>Sambucus canadensis</i>		berry production	wildlife food

HERBS & LEAVES

1	bee balm	Oswego tea	<i>Monarda didyma</i>		insectary plant	
1	marjoram, sweet		<i>Origanum majorana</i>		edible leaves	ground cover
1	oregano		<i>Origanum vulgare</i>		edible leaves	ground cover
1	thyme, lemon		<i>Thymus</i>		edible leaves	ground cover
1	apple mint		<i>Mentha</i>		edible leaves	ground cover, nutrient accum
1	spearmint		<i>Mentha</i>		edible leaves	ground cover, nutrient accum
1	peppermint		<i>Mentha</i>		edible leaves	ground cover, nutrient accum
	chamomile, roman		<i>Chamaemelum nobile</i>		tea leaves	nutrient accumulator
24	lamb's quarters	tree spinach	<i>Chenopodium giganteum</i>	album	nutrient accumulator	edible leaves, mulch
	comfrey		<i>Symphytum officinale</i>		nutrient accumulator	mulch, insectary plant
	okinawa spinach		<i>Gynura crepidoides</i>		edible leaf	
	brazilian spinach	sissoo spinach	<i>Altamathera sissoo</i>		edible leaf	
	malabar spinach		<i>Basella rubra</i>		edible leaves	
	chaya				edible leaves (cooked)	
	belembe				edible leaves (cooked)	
	dill		<i>Anethum graveolens</i>		edible leaves	
	borage		<i>Borago officinalis</i>		insectary plant	nutrient accumulator, edible
	sage		<i>Salvia officinalis</i>		edible leaves	
	tulsi					
2	basil		<i>Ocimum basilicum</i>		edible leaves	

GROUND COVERS

2	lemon grass		<i>Cymbopogon citratus</i>		edible leaves	soil stabilization, grass barrier
many	wiregrass	native	<i>Aristida stricta</i>	beyrichiana	ground cover	
6	unknown legume?	native			nitrogen fixer	
many	bahia grass		<i>Paspalum notatum</i>		ground cover	
1	unknown succulent	native				

ROOTS

	garlic chives		<i>Allium tuberosum</i>		edible root and stem	grass barrier, nutrient accumulator
	chives		<i>Allium schoenoprasum</i>		edible root and stem	grass barrier, nutrient accumulator
	horseradish		<i>Amaracia rusticana</i>		edible tubers	mulch, grass barrier
18	leek	giant garlic	<i>Allium scorodoprasum</i>		edible root and stem	grass barrier
	jerusalem artichoke		<i>Helianthus tuberosus</i>		edible tubers	
24	sweet potato		<i>Ipomoea batatas</i>		edible root	seasonal ground cover
	taro					
	malanga		<i>Xanthosoma</i>		edible cormel	
	cassava				edible leaves (cooked)	
	chuffa					
	ground nut		<i>Apios americana</i>			
	earth pea		<i>Lathyrus tuberosus</i>			
	ginger		<i>Zingiber officinale</i>		edible tuber	
	turmeric		<i>Curcuma longa</i>		edible tuber	
	galangal		<i>Alpinia galanga</i>		edible tuber	
	perennial peanut		<i>Arachis glabrata</i>		nitrogen fixer	
	pinto peanut		<i>Arachis pintoi</i>		nitrogen fixer	
	Queensland arrowroot		<i>Canna edulis</i>		edible flowers & tubers	
	day lilly					
	VINES					
1	muscadine grape		<i>Vitis rotundifolia</i>	Cowart	fruit production	shade, mulch
1	muscadine grape		<i>Vitis rotundifolia</i>	Southern Home	fruit production	shade, mulch
1	muscadine grape		<i>Vitis rotundifolia</i>	Triumph	fruit production	shade, mulch
6	greenbrier, earleaf	native	<i>Smilax auriculata</i>		edible vegetative shoots	wildlife food (berries)
	seminole pumpkin		<i>Cucurbita moschata</i>		edible squash, leaves	
	chayote		<i>Sechium edule</i>		edible squash, tubers	
	luffa					