



Sustainability Internship Application

Better Farm's Sustainability Internship Program offers individuals an immersive, introductory crash-course in sustainability initiatives. Interns receive a hands-on education in seasonal topics related to sustainability and environmental issues, including:

- organic small-scale farming and gardening
- greenhouses and four-season farming
- compost methods
- alternative building and energy
- rain and graywater collection
- aquaponics
- chicken care
- community outreach initiatives (supper clubs, volunteer work at area farms, workshops, presence at local events)
- homesteading (organic cooking, canning/preserving)
- outdoor survival

Better Farm's Sustainability Internship Program runs in one- to three-month intervals year-round. Participants receive daily assignments and chores related to sustainability initiatives and organic farming (including readings and research), as well as the opportunity to design and implement projects on their own. Upon completion of all units and responsibilities, interns receive a certificate from Better Farm. College students may additionally receive course credit for completion of Better Farm's Sustainability Internship Program (pursuant to agreement by that individual's school).

Interns are immersed from day one in the local culture while working alongside other residents at Better Farm and in the Redwood community. Sustainability specialists visit Better Farm throughout the year to offer additional mentoring and guidance; and interns may take any workshops scheduled during their time at Better Farm. Interns live on-site and communally on the Better Farm campus in shared rooms. A flat fee of \$500/month is required to cover educational fees, supplies, lodging, wireless Internet, use of the laundry machine, all linens and towels, on-site parking, and use of the communal kitchen (stocked weekly with food).

All internship applications must be submitted to internship@betterfarm.org. Applicants will be notified of their status within one month of submission.



APPLICATION GUIDELINES

All applications must be submitted by e-mail to internship@betterfarm.org or regular mail at Better Farm Sustainability Internship Program, 31060 Cottage Hill Road, Redwood NY, 13679. Applicants will be notified of their status within one month of submission.

Those interested in an internship at Better Farm should submit a resume and cover letter explaining specific interests in relation to sustainability issues. Also indicate any related experience you have. This is very important, as the staff at Better Farm wants to ensure internships are properly tailored to maximize each student's experience here.

In addition to a resume and cover letter, please fill out and return the following application:

FULL NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ E-MAIL _____

I am applying for 1 month 2 months 3 months

I am interested in living on-site during my internship, and understand I will be responsible for paying \$500/month for basic amenities and meals.

I would prefer to stay off-site and understand I am responsible for making those arrangements.

Please indicate your preferred month(s): _____

Please check the following activities that most closely resemble your interests:

- Permaculture
 - Organic small-scale farming and gardening (including but not limited to: planting methods, choosing the proper crops for one's environment and soil, weeding, fertilizing, non-pesticide approaches to controlling pests, garden mapping, canning and freezing methods, greenhouse work)
 - General farm management (operating a roadside stand, tending to and caring for small livestock, participation in food distribution i.e. farmers markets and CSAs, research and management, bookkeeping, and grounds work)
 - Alternative building (construction with green and recycled materials, living roofs, green home renovations incl. solar and wind power)
 - Rain and graywater collection
 - Community outreach (art classes, hiking, clean-up days, volunteer tutoring)
 - Organic cooking, preserving, participation in supper clubs and/or food kitchens
 - Outdoor survival (fishing and ice fishing, hunting/trapping, foraging, tracking, birdwatching, camping/wilderness survival)
 - Other (please specify): _____
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Please provide two references.

REFERENCE 1

NAME _____ PHONE _____

E-MAIL _____

RELATIONSHIP TO YOU _____

REFERENCE 2

NAME _____ PHONE _____

E-MAIL _____

RELATIONSHIP TO YOU _____

All materials must be submitted to internship@betterfarm.org.