

Latin Name	Common		Rocky or Prairie native	Clump or Run	Height	Sun	Moisture	Fruit	Nut/Bean /Seed	Leaf/ Shoot/Ve g	Root/ Tuber	Med.	Other	N2 Fixer	Mineral Accum.	Pest Control	Ground Cover	Soil Healer
<i>Achillea millefolium</i>	Yarrow	perennial herb	yes	Run	2'	sun to part	dry to mesic					yes			y	y	y	yes
<i>Actinidia kolomitka</i>	Arctic Kiwifruit	woody vine		Clump	25'	sun to part	mesic	yes										
<i>Agastache foeniculum</i>	Anise Hyssop	perennial herb	yes	Clump	3'	sun to part	mesic					yes	tea			y		
<i>Agave neomexicana</i>		succulent		Clump		full sun	dry to mesic						cooked heart					
<i>Agave parreyi</i>		succulent		Clump		full sun	dry to mesic						cooked heart					
<i>Allium tricoccum</i>	Ramps	perennial herb		Clump	1'	part to shade	mesic to wet			yes	yes							
<i>Allium canadense</i>	Field Garlic	perennial herb	yes	Run	2'	full sun	mesic			yes	yes							
<i>Allium cernuum</i>	Nodding Wild Onion	perennial herb	yes	Clump	1'	sun to part	mesic			yes						y		
<i>Allium geveri</i>	Geyer's Onion	perennial herb	yes	Clump	1'	full sun	mesic			yes	yes							
<i>Allium perdulce</i>	Fraser's onion	perennial herb	yes	Clump		full sun	dry to mesic			yes	yes							
<i>Allium schoenoprasum</i>	Chives	perennial herb	yes	Clump	1'	full sun	mesic			yes	yes				y			
<i>Alnus incana</i>	Mountain Alder	tree	yes	Clump	12'	full sun	wet							y				
<i>Alnus viridis</i>	Green Alder	tree	yes	Clump	12'	full sun, partial	wet							y				
<i>Amaranthus spp.</i>	Amaranth	annual	yes			full sun	dry to mesic		yes	yes								
<i>Amelanchier alnifolia</i>	Saskatoon, Serviceberry	shrub	yes	Clump	5-15'	full sun	mesic	yes				yes						
<i>Amelancier utahensis</i>	Utah Serviceberry	shrub	yes	Clump		full sun	dry to mesic	yes										
<i>Amorphia fruticosa</i>	False Indigo	shrub	yes	Clump	3' in Colorado	full sun	dry to wet							y		y		
<i>Amphicarpa bracteata</i>	Hog Peanut	herbaceous vine	yes	Run	3'	part shade	dry to mesic		yes					y		y	y	
<i>Angelica arguta</i>	Angelica	perennial herb	yes	Clump	5'	sun to part	mesic to wet					yes				y		
<i>Antennaria spp.</i>	Pussy Toes	groundcover	yes	Run	6"	sun to part	dry to mesic					yes				y	y	
<i>Apios americana</i>	Groundnut	herbaceous vine	yes	Run	6'	sun to part	mesic to wet				yes			y				
<i>Arcticum spp.</i>	Burdock	biennial		Self-sow	5'	sun to part	mesic					yes			y			yes
<i>Arctostaphylos uva-ursi</i>	Kinnickinik	groundcover	yes	Run	6"	sun to part	dry to mesic	yes				yes	tea				y	
<i>Arnica spp.</i>	Arnica	perennial herb	yes	Clump	1'	part to shade	dry to mesic					yes				y	y	
<i>Artemisia ludoviciana</i>	Sagebrush	shrub	yes	Clump	6'	full sun	dry to mesic					yes	ceremonial					
<i>Asclepias speciosa</i>	Showy Milkweed	perennial herb	yes			full sun	mesic			yes						y		
<i>Asclepias syriaca</i>	Common Milkweed	perennial herb	yes	Run	4'	sun to part	dry to mesic			yes						y		
<i>Asparagus officinalis</i>	Asparagus	perennial herb		Clump	5'	sun	mesic			yes								
<i>Aster spp.</i>	Native Asters	perennial herb	yes	Clump	3'	sun to part	dry to mesic										y	
<i>Astragalus canadensis</i>	Canada Milkvetch	perennial herb	yes	Clump	3'	sun	dry to mesic				yes			y		y		
<i>Astragalus crassicaarpus</i>	Groundplum Milkvetch	perennial herb	yes	Clump	1'	sun	dry to mesic						edible pods	y		y		
<i>Balsamorhiza sagittata</i>	Balsamroot Sunflower	perennial herb	yes	Clump	3'	sun	dry to mesic		yes	yes	yes					y		
<i>Bouteloua gracilis</i>	Blue Grama	perennial herb	yes			full sun	dry to mesic		yes								y	
<i>Brassica spp.</i>	Mustards	biennial		Self-sow	4'	sun to part	mesic			yes		yes			y			
<i>Bunias orientalis</i>	Turkish Rocket	perennial herb		Run	4'	sun to part	mesic						broccolis		y		y	

<i>Festuca spp.</i>	Fescue	variable	yes			full sun	dry to mesic		yes									y	
<i>Fragaria virginiana</i>	Wild Strawberry	groundcover	yes	Run	6"	sun to part	mesic	yes										y	
<i>Fragaria x ananassa</i>	Strawberry	groundcover		Run	6"	full sun	mesic	yes										y	
<i>Glycyrrhiza lepidota</i>	Wild Licorice	perennial herb	yes	Run	4'	full sun	mesic to wet					yes			y	y	y	y	yes
<i>Grindelia spp.</i>	Gumweed	perennial herb	yes	Clump	3'	sun to part	dry to mesic					yes						y	
<i>Helianthus annuus</i>	Sunflower	annual	yes			full sun	mesic		yes									y	
<i>Helianthus tuberosus</i>	Jerusalem Artichoke	perennial herb	yes	Run	10'	sun to part	mesic				yes							y	
<i>Heracleum sphondylium</i>	Cow Parsnip	perennial herb	yes	Clump	5'	sun to part	mesic			yes	yes	yes	yes					y	
<i>Humulus lupulus</i>	Hops	herbaceous vine	yes	Run	15'	sun to part	mesic			yes		yes							beermaking
<i>Hypsizygous ulmarius</i>	Garden Oyster		yes																mushrooms
<i>Ipomoea leptophylla</i>	Manroot	perennial herb	yes	Clump	4'	sun	dry to mesic				yes								
<i>Koeleria pyramidata</i>	Junegrass	perennial herb	yes			full sun	dry to mesic		yes										y
<i>Lactuca canadensis</i>	Yellow Lettuce	perennial herb	yes			sun to part	mesic			yes									
<i>Lactuca spp.</i>	Wild Lettuces	biennial	yes	Self-sow	6'	sun to part	mesic			yes		yes							
<i>Lathyrus ochroleuchrus</i>	Cream Peavine	herbaceous vine	yes	Run	18"	part shade	mesic								y			y	y
<i>Lathyrus polymorphus</i>	Cream Peavine	herbaceous vine	yes	Clump	2'	sun to part	mesic		yes						y			y	
<i>Lentinula edodes</i>	Shiitake																		mushrooms
<i>Levisticum officinale</i>	Lovage	perennial herb		Clump	6'	sun to part	mesic			yes		yes	yes		y			y	
<i>Lewisia rediviva</i>	Bitterroot	perennial herb	yes			full sun	dry to mesic				yes								
<i>Ligusticum porteri</i>	Osha	perennial herb	yes	Clump	3'	part shade	mesic				yes	yes						y	
<i>Lomatium spp.</i>	Biscuit Root	perennial herb	yes	Clump	2'	sun to part	dry to mesic				yes								y
<i>Lupinus argenteus</i>	Silvery Lupine	perennial herb	yes	Clump	3'	sun to part	dry to mesic								y	y	y	y	yes
<i>Lupinus sericeus</i>	Silky Lupine	perennial herb	yes	Clump	3'	sun to part	dry to mesic								y	y	y	y	yes
<i>Lycium barbatum</i>	Goji Berry	shrub/vine	yes	Run	15'	sun to part	dry to mesic	yes				yes							
<i>Mahonia repens</i>	Creeping Oregon Grape	groundcover	yes	Run	1'	part to shade	dry to mesic	yes				yes							y
<i>Malus domestica</i>	Apple	tree		Clump	10-20'	full sun	mesic	yes											
<i>Malus ioensis</i>	Prarie Crabapple	tree	yes	Run	30'	full sun, partial	dry to mesic	yes											
<i>Medicago lupulina</i>	Black Medic	perennial herb		Clump	6"	full sun	dry to mesic					yes			y	y	y	y	yes
<i>Melilotus alba</i>	Yellow Clover	perennial herb		Clump	4'	full sun	dry to mesic								y	y	y	y	yes
<i>Mentha arvensis</i>	Native Mint	perennial herb	yes	Run	2'	sun to part	mesic to wet					yes	tea		y	y	y	y	
<i>Mertensia lanceolata</i>	Bluebells	perennial herb	yes	Clump	4'	part to shade	mesic to wet			yes									
<i>Monarda fistulosa</i>	Bergamot	perennial herb	yes	Run	4'	sun to part	dry to mesic					yes	tea					y	
<i>Montia perfoliata</i>	Miners' Lettuce	annual	yes	Self-sow	1'	part to shade	mesic			yes									y
<i>Morus spp.</i>	Mulberry	tree		Clump	35-50'	full sun	mesic	yes		yes									
<i>Muhlenbergia spp.</i>	Muhly Grass	variable	yes			full sun	dry to mesic		yes										
<i>Myrrhis odorata</i>	Sweet Cicely	perennial herb		Clump	4'	sun to part	mesic		yes	yes	yes	yes						y	
<i>Nelumbo lutea</i>	Native Lotus	perennial herb	yes			full sun	aquatic		yes		yes								
<i>Opuntia engelmannii</i>	Cactus Apple	succulent	yes			full sun	dry	yes		yes									
<i>Opuntia humifusa</i>	Devil's Tongue Cactus	succulent	yes			full sun	dry	yes		yes									
<i>Opuntia macrorhiza</i>	Beavertail Cactus	succulent	yes			full sun	dry	yes		yes									
<i>Opuntia polyacantha</i>	Plains Prickly Pear	succulent	yes	Run	1'	sun	dry	yes		yes									
<i>Oryzopsis hymenoides</i>	Indian Ricegrass	perennial herb	yes			full sun	dry to mesic		yes										y
<i>Osmorhiza berterii</i>	Sweet Cicely	perennial herb	yes	Clump	2'	part to shade	mesic			yes	yes	yes						y	

<i>Osmorhiza occidentalis</i>	Sweet Cicely	perennial herb	yes	Clump	2'	part to shade	mesic			yes	yes	yes				y		
<i>Oxyria digyna</i>	Mountain Sorrel	perennial herb	yes	Clump	1'	sun to part	mesic			yes								
<i>Panicum sonorum</i>	Sonoran Panicgrass	annual herb					dry to mesic		yes									
<i>Perideridia gardneri</i>	Yampah	perennial herb	yes	Clump	3'	sun to part	mesic				yes	yes					y	
<i>Phalaris caroliniana</i>	Maygrass	annual herb	yes			full sun	dry to mesic		yes									
<i>Physalis heterophylla</i>	Perennial Ground Cherry	perennial herb	yes	Run	3'	sun to part	mesic	yes										
<i>Physalis longifolia</i>	Perennial Ground Cherry	perennial herb	yes	Run	3'	sun to part	mesic	yes										
<i>Physalis pruinosa</i>	Annual Groundcherry	annual				full sun	mesic	yes										
<i>Pinus albicaulis</i>	Whitebark Pine	tree	yes	Clump	60'	full sun	mesic		yes									
<i>Pinus edulis</i>	Pinyon Pine	tree	yes	Clump	15-20'	full sun	dry		yes									
<i>Pinus flexilis</i>	Limber Pine	tree	yes	Clump	35-30'	full sun	dry ridges		yes									
<i>Pinus lambertana</i>	Sugar Pine	tree	yes	Clump	180-200'	full sun	dry		yes									
<i>Pinus monophylla</i>	Singleleaf Pinyon	tree	yes	Clump	15-20'	full sun	dry to mesic		yes									
<i>Plantago spp.</i>	Plantains	groundcover		Run	6"	sun to part	mesic					yes			y		y	
<i>Pleurotus spp.</i>	Oyster		yes											mushrooms				
<i>Potentilla spp.</i>	Cinquefoils	groundcover	yes	Run	6"	sun to part	dry to mesic					yes						y
<i>Proboscidea spp.</i>	Devil's Claw	annual	yes			full sun	dry to mesic		yes					edible pods				
<i>Prunella vulgaris</i>	Self-Heal	perennial herb		Clump	2'	sun to part	mesic					yes						
<i>Prunus americana</i>	American Plum	tree	yes	running thicket	6-20'	full sun, partial	dry to mesic	yes										
<i>Prunus besseyi</i>	Sand Cherry	shrub	yes	Run	4'	full sun	dry to mesic	yes										
<i>Prunus cerasus</i>	Sour Cherry	tree		Clump	10-20'	full sun	mesic	yes										
<i>Prunus persica</i>	Peach	tree		Clump	12'	full sun	mesic	yes										
<i>Prunus tomentosa</i>	Nanking Cherry	shrub		Clump	8'	full sun	dry to mesic	yes										
<i>Prunus virginiana</i>	Chokecherry	tree	yes	Clump	3-15'	full sun, partial	dry to mesic	yes				yes						
<i>Psoralea esculenta</i>	Prairie Turnip	perennial herb	yes	Clump	1'	full sun	dry to mesic				yes				y		y	
<i>Pycnanthemum spp.</i>	Mountain Mint	perennial herb	yes	Run	3'	sun to part	dry to mesic							tea			y	y
<i>Pyrus domestica</i>	European Pear	tree		Clump	10-20'	full sun	mesic	yes										
<i>Pyrus spp.</i>	Asian Pear	tree		Clump	10-20'	full sun	mesic	yes										
<i>Quercus gambellii</i>	Gambel Oak	tree	yes	Run	9-15'	full sun, partial	dry		yes									
<i>Quercus hybrid</i>	Burgambel Oak	tree	yes	Clump	40'	full sun	dry to mesic		yes									
<i>Quercus macrocarpa</i>	Burr Oak	tree	yes	Clump	70-80'	full sun	dry		yes									
<i>Rheum x cultorum</i>	Rhubarb	perennial herb		Clump	5'	full sun	mesic					yes		stalks only	y			
<i>Rhus trilobata</i>	Skunkbush Sumac	shrub	yes	Run	10-20'	full sun	dry to mesic							fruit tea				y
<i>Ribes americanum</i>	Native Black Currant	shrub	yes	Clump	1-5'	full shade	mesic	yes										
<i>Ribes aureum</i>	Golden Currant	shrub	yes	Clump	6'	sun to part	mesic	yes										
<i>Ribes cereum</i>	Wax Currant	shrub	yes	Clump	6'	sun to part	mesic	yes										
<i>Ribes odoratum</i>	Clove Currant	shrub	yes	Clump	10'	sun to part	dry to mesic	yes										
<i>Ribes rubrum</i>	Red & White Currant	shrub		Clump	6'	sun to shade	mesic	yes										
<i>Ribes uva-crispa</i>	Gooseberry	shrub		Clump	4'	sun to part	mesic	yes										y
<i>Ribes x culverwellii</i>	Jostaberry	shrub		Clump	5'	sun to part	mesic	yes										
<i>Robinia neomexicana</i>	New Mexico Locust	tree	yes	Clump	up to 25'	full sun	dry							edible flowers	y		y	yes

