

# Edible Wild Plants

## Wild Foods from Dirt to Plate



### A Slide Presentation & Workshop by Author, John Kallas

Saturday, May 12, 2018, Kalama, WA

Free Presentation: 11am - 1pm  
Kalama Public Library - Council Chamber

Outdoor Hands-On Workshop: 2 - 5pm  
Old Schoolhouse Creek Farm  
Registration & Fee Required

#### Presentation: Free & Open to the Public

Kalama Public Library - Council Chamber  
312 N 1st St, Kalama, WA 98625

In this beautiful, educational and fun slide presentation, Dr. Kallas shows how to identify, harvest and prepare nutritious, delicious, and abundant edible wild plants found within walking distance of your kitchen. He shows you features that make for effective learning in any wild food book. And ends with a short video.

This presentation is a sampling of the content of John's book: *Edible Wild Plants — Wild Foods From Dirt to Plate*. The presentation will be followed by a question and answer period and a book signing. It covers nutritious wild foods, found all over North America, that were the core of the true Mediterranean Diet. This book reveals how easy it is to incorporate these foods into everyday modern life.

#### Wild Food Workshop: \$25 - \$50 Sliding Scale

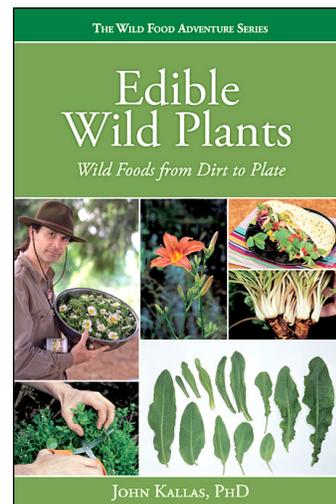
Old Schoolhouse Creek Farm  
707 Sauer Rd, Kalama WA 98625

John Kallas will lead an outdoor, hands-on walk showing the wild foods common to Kalama and western Washington. We'll visit a variety of habitats and taste plants that are at their prime. Check our web site for details and to register.

**Wild Food Adventures: 503-775-3828**  
**wildfoodadventures.com**

#### The Presenter

John Kallas has investigated edible wild plants since 1970 and taught about them since 1978. A trained botanist, nature photographer, writer, researcher, and teacher, Dr. Kallas has a doctorate in Nutrition, a Masters in Education, and majors in Biology and Natural Science. He founded Wild Food Adventures, The Institute for the Study of Edible Wild Plants & Other Foragables in 1993 and was the primary writer and editor of the *Wild Food Adventurer* newsletter. He published *Edible Wild Plants* in 2010; volume 1 of his book series. For more information about John, his book, or wild food workshops across North America and events visit [wildfoodadventures.com](http://wildfoodadventures.com).



#### The Book

Dr. Kallas will sign copies for sale after both the presentation and workshop. \$25